

# 5

## STEPS

to Protect Yourself from the Equifax Breach

Who to turn  
to for advice  
and assistance



Banks,  
Credit Unions



Your Employer



Your Insurance  
Company

### 1

#### KNOW THE FACTS

- The Equifax data breach impacted as many as 143 million Americans.
- Information breached included names, Social Security numbers, birth dates, addresses and, in some instances, driver's license and credit card numbers.

### 2

#### FIND OUT IF YOU WERE IMPACTED

- Go to [www.equifaxsecurity2017.com](http://www.equifaxsecurity2017.com) to see if your information has been impacted.
- Less than 400,000 people in specific categories will receive a direct notification.

### 3

#### TAKE ACTION TO PROTECT YOURSELF

- Take advantage of Equifax's free credit monitoring, which notifies you of any changes to your credit file.
- Place a 90-day fraud alert with one of the three credit bureaus. They automatically notify each other, so placing with one places it with all three.
- Find out if you have low-cost or free identity theft coverage through an insurance provider, bank, credit union or employer for help resolving any ID theft issues that may occur.

### 4

#### DON'T SUCCUMB TO CYBER FATIGUE

- Keep a positive, proactive attitude.
- Make sure you pay attention to alerts from your monitoring services.
- Watch financial statements—on paper and online—for unauthorized transactions.
- Be aware of potential phishing email, phone and snail-mail scams.
- Enable text and email alerts on all accounts.
- Act quickly if you see any unusual activity.

### 5

#### IF ID THEFT STRIKES

- Contact your ID theft resolution provider for personal assistance.

For more information visit  
[www.CyberScout.com](http://www.CyberScout.com)

  
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